Anu Kantele



Country: Finland

Affiliation: University of Helsinki (UH); Helsinki University Hospital (HUS)

Function: Professor of Infectious Diseases (UH)

Chief Physician (HUS)

Head, Meilahti Vaccine Research Center MeVac (UH, HUS)

Main expertise: Infectious diseases

Antimicrobial resistance

Vaccines

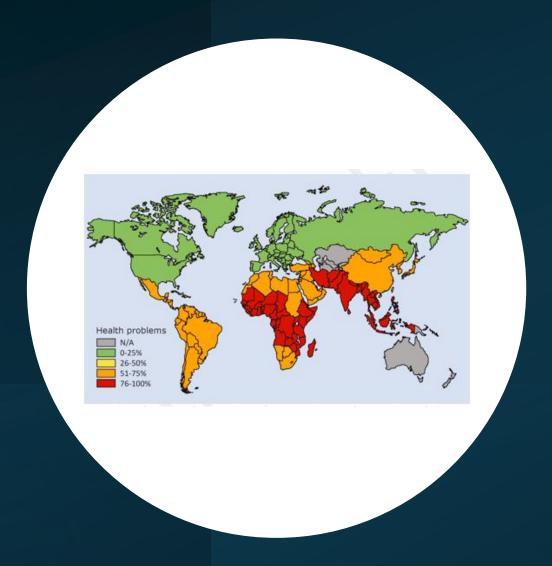
Diarrhoeal disease

Tropical + travel medicine



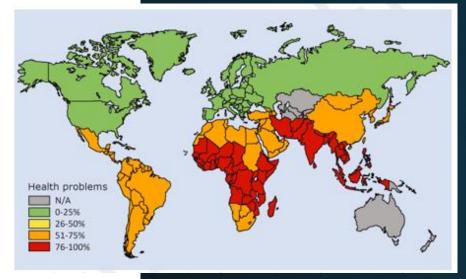


Vaccines for Finnish travellers



Background & current situation

- Guidance? Main responsibility with THL
- THL's guidance
 - Based on guidelines of WHO, ECDC, etc
 - Traveler's Health Guide (Matkailijan Terveysopas)
 - Country-specific advice
 - Electronic (free access)
 - Vaccine Advisory phone
- Who provides travel vaccines?
 - Responsibility of Wellbeing service counties → health centers
 - Private sector
 - occupational healthcare
 - travel clinics
 - mobile vaccination units = "vaccination busses"
 - others



Who funds travel vaccines?

Routine vaccinations

Provided under the National Vaccination Program (funded by taxes)

Travel-specific vaccines

- Through occupational healthcare (work-related travels)
- At individual's own expense

Travel vaccines as part of National Vaccination Program:

Routine vaccinations

- MMR (measles, mump, rubella)
 - basic vaccination in childhood

Tetanus-diphtheria

- basic vaccination in childhood
- dtap booster at 25 years of age
- booster interval 20 y (≥ 65 y, every 10 y)

Polio

- basic vaccination in childhood
- booster if travels to polio-risk areas for >4 weeks (+ >12 mo since last dose)
- (Vaccines for certain risk groups)



Travel-specific vaccines

- BCG
- Cholera
- COVID-19
- Dengue
- Hepatitis A & B
- Influenza
- Japanese Encephalitis
- Meningococcus
- Typhoid Fever
- Yellow Fever
- Rabies
- Tick-borne encephalitis



Use of travel vaccines in Finland

Which vaccines are most common?

- No comprehensive data on numbers available
 - 2022–24 HAV 34490, HBV 142567
 - 2015–24 JEV 26 702, cholera 6250, typhoid fever 25 795
 - underreporting
- Routine vaccinations: high coverage
- Travel-specific: Hepatitis A (+ B)

What is the uptake?

- Vaccine hesitancy low
- Occupational healthcare covers work-related travels
- For others, varies by individual (awareness, funds, ...)
- A special group of concern:
 VFR (visiting friends and relatives) difficult to reach



Future changes

- THL's role will decreases in 2025
 - no longer responsible for the Traveler's Health Guide
 - Vaccine advisory hotline discontinued
 - Updates and guidance on infectious agents (e.g. polio) will continue



Future solutions?

- Will other actors take more responsibility?
 - Traveller's Health Guide: Finnish Medical Society Duodecim 2025-
 - Vaccine advisory phone:
 - no national solution, activities will vary by Wellbeing service county
 - ID specialists at hospitals: focus on treatment, not prevention
 - Roles for health centers, private travel clinics, mobile units?
 - Global Health Finland /Travel Medicine Section
 - Special competence in Travel Medicine since 2017: 35 certified
 - Guidance on webpages does not cover travel vaccines
- Challenges in guidance and education
 - Guidance on Websites: Need for comprehensive information
 - Education:
 - Basic education: improve coverage in MD curriculum
 - Continuing education: MDs and nurses
 - Resources for travelers and healthcare workers:
 - Webinars
 - Web-based materials

